



SILVER THREADS

visit us @ www.nbsenior.org
November 2011 Issue



Greetings From the Executive Director

Hi Friends,

This past months have been really shown me the need for a new senior center. We have had so many repairs in the pool, kitchen, thrift store and throughout the building. In addition, we had to install a new Fire System. I foresee many more repairs...

With that in mind I want inform you that we continue to look for a new location for a new Senior Center. A state of the art facility, where seniors can call home and a place to eat, have fun, learn, exercise and serve others. As we get closer to finding a new location, we will be in need to raise capital. This will be to either remodel an existing building or to build a new Center.

I hope that we can count on you to support this dream. We all need to have dreams to be better and do better. I see that is easy to stand on the side and criticize and see how bad things are but the real challenge is to get involved and try to make a positive impact in the change.

Don't stop living, get in the game and lets do something together to better serve others. As you know, I am not perfect, but I will definitely continue to dream to provide a better place for seniors.

I believe God gave us "free will". Remember, to love God and to love your neighbor as yourself.

Let's use our free will to love God and serve one another. I know God loves you and me. That makes me happy and motivates me...Life is good. Lets live it.

Blessings to you and your family. I pray you have a great life.

Robert Lopez Jr.
Executive Director



**ROBERT
LOPEZ**

**OUR MISSION:
"TO ENHANCE THE LIVES OF
AGING ADULTS"**

SAVE THE DATE NOVEMBER, 2011

- Nov 1** - SSI/Disability Meeting 9am
with Anthony Revilla
- Nov 1** - PING PONG 9am
- Nov 2** - Medicare Enrollment 9am
with Sue Williams/AACOG
- Nov 8** - **VOTING - 7AM TO 7PM**
MULTIPURPOSE ROOM / Pct. 101
- Nov 8** - SSI/Disability Meeting 9am
with Anthony Revilla
- Nov 8** - Navigating Senior Years
11:30am - Ireland
- Nov 9** - Medicare Enrollment 9am
with Sue Williams/AACOG
- Nov 11** - **VETERANS DAY PARTY**
PRESENTATION - 11:30AM
- Nov 15** - **AARP Drive Alive Class**
1:00pm - 5pm (Vet Discount)
- Nov 16** - Medicare Enrollment 9am
with Sue Williams/AACOG
- Nov 18** - BINGO - 1:00PM
- Nov 22** - PING PONG 9am
- Nov 23** - Medicare Enrollment 9am,
with Sue Williams/AACOG
- Nov 24** - **CLOSED (Thanksgiving)**
- Nov 25** - **CLOSED (Thanksgiving)**
- Nov 26** - **CLOSED (Fitness Center)**
- Nov 26** - **OPEN (Thrift Store)**

COMAL COUNTY SENIOR CENTER

655 Landa Street
New Braunfels, Texas 78130
Phone: 830-629-4547
Fax: 830-625-1802
MONDAY - FRIDAY
8:00 am. - 5:00 p.m.
website: www.nbsenior.org

Board Chair - Tressie Russell

Robert Lopez,
Executive Director
executive@nbsenior.org

BOARD OF TRUSTEES MEETING
Monday, November 21, 2011 1:00pm

PHYSICAL FITNESS CENTER
Monday - Friday 8:00 a.m. - 5:00 p.m.
Saturday 9:00 a.m. - 12:00 p.m.

NEW 2 U - New Braunfels Resale Store
Mon. thru Friday 9:00 a.m. - 4:00 p.m.
Saturday 9:00 a.m. - 3:00 p.m.

NEW 2 U - Schertz Resale Store
Grand Opening Coming Soon
Watch newsletter for information

SCHERTZ AREA SENIOR CENTER

608 Schertz Parkway
Schertz, Texas 78154
Phone: 210-619-1974
Hours: 9:00am-4:00pm Monday-Thursday
Friday - 9:00am to 5:00pm

Donna Thompson - Director
Christine Jura - Administrative Assistant

**NEWSLETTER ITEMS ARE DUE BY
THE 15TH OF THE MONTH**

GET WELL & BEST WISHES

**Mary Lewis
Fred Simon
Diane Palazzolo
Vivian Ott
Laverne Hasse**

CONDOLENCES

Schlichting Family
Dreiling Family
Panabiacco Family
Coleman Family



DID YOU KNOW.....



REMEMBER.....

Senior Strength Class

Monday and Wednesday 9:15am to 10:15am and 10:30am to 11:30am

Friday 9:15am to 10:15am

\$2.00 per class for CCSCF Members

\$5.00 for Non-Members



TELL YOUR FRIENDS!! We encourage you to tell your friends to come and join us at the Comal County Senior Citizens' Foundation. **Memberships are \$36.00 per year** and \$62.00 per couple for a year with many benefits that come along with the memberships. **Winter Texan's pay \$18.00 or \$26.00 per couple** per winter season. Call the Center at 830-629-4547 for information or come by and pick up some information to pass along to someone who may enjoy meeting new friends or visiting with long time acquaintances.

Never too early to get ready for the holidays!!!

JOIN THE FITNESS CENTER

POOL ONLY - \$20.00 PER MONTH

GYM ONLY - \$15.00 PER MONTH

POOL AND GYM - \$25.00 PER MONTH

NOVEMBER 8, 2011

The voting poll will be open, Tuesday, November 8, 2011 in the Multipurpose room for the Comal County General Election

PRECINCT #101

The polls will be open from 7:00am to 7:00pm



NARFE
*The National Active and Retired Federal Employees Association Chapter 672 will have their meeting on **November 18, 2011** from 9:30am to 11:30am. Dorothy Matschek of the N.B. Public Library will talk on "Searching Wisely on the Internet". Free and open to the public. If you require additional information please contact Dorothy Creswell at 830-620-0344 www.narfe.org/chapter672*

November 22, 2011 - Meeting at Rio Terra, 2294 Common Street, New Braunfels. "Federal Benefits Open Season" highlighting Blue Cross/Blue Shield changes. RSVP by Nov. 18 to Dorothy Creswell.



VETERANS DAY CELEBRATION



WHEN: November 11, 2011

TIME: 11:30am to 1:30pm

ENTERTAINMENT BY:

***** SILVER SOUNDS *****

Come and enjoy the Patriotic Music of the Silver Sounds during Fun Friday Lunch. The Veterans will have a presentation as we show appreciation for the men and woman who served our country before retirement.

ALL VETERANS WELCOME

See you there!!



	<h2>WELCOME</h2>
	<p>Welcome back!! Come on in.... renew your membership and join us for some cooler weather and winter fun. We look forward to getting reacquainted with you and update you on what's new at the Comal County Senior Center.</p>
<h2>WINTER TEXAN'S</h2>	

New Braunfels AARP Chapter 1823

will meet on Tuesday, November 15, 2011 (3rd Tuesday) at the Comal County Senior Citizens Center at 9:30am. All persons 50 and over in New Braunfels, Canyon Lake, San Marcos, Marion, and Seguin areas are invited to attend. Members are reminded to bring food items for the SOS, Inc. - Food Bank. For more information call Gladys Bartling 830-625-4879.

NEW 2 U - New Braunfels

Resale Store

Monday thru Friday - 9:00am to 4:00pm

Saturday - 9:00am to 3pm.

10% OFF FOR MEMBERS OF SENIOR CENTER

Nov 2 - Vacuum's - 1/2 Off

Nov 9 - TV's - 50% Off

Nov 16 - dishes - 1/2 off regular price

Nov 23 - Nic Nacs - 1/2 price

Nov 30 - Linens - 1/2 price

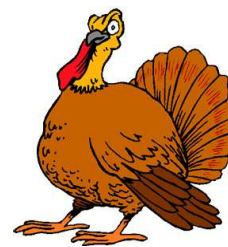
PHOTO'S OF ANNUAL BOARD MEETING HELD 9/21/2011





SSI / DISABILITY

If you have questions regarding your SSI / Disability status, or need help in qualifying for SSI/Disability, Anthony Revilla with John J. Ingram & Associates will be available on November 1st and 8th at 9:00am in the Board Room, to answer questions and guide you through the process. Please dial his cell phone: 432-528-2036 or his office at 210-342-1922 to make an appointment or just come to the center at 9am on the above dates. He will be happy to visit with you.



FROM THE DESK OF THE DEBBIE

Gobble Gobble Friends,

It seems like yesterday I was looking forward to the kids getting out school for summer and planning fun things with my family. The Comal County Fair came and went with the Center winning third place in the parade for the Local Organization division.

And in a blink of an eye, here it is time for the Holidays of 2011. Turkey, dressing, and a big ole punkin pie!! Time is flying by in a blur. It's hard to slow down sometimes, so I told myself.....Stop - take a breath and look around. Relax and look beyond my own nose and realize life is happening and not let it just pass me by.

This month we celebrate Veterans Day - we have put together a real nice celebration for the people who fought in past wars to keep us safe and free. Please join us during lunch on November 11 for Patriotic Music by the Silver Sounds and a presentation by our Veteran's. I am proud to be an American and am very thankful for our armed forces; the job they do now, and the job they did then.

I will have pictures in the December newsletter of our Fall Festival. What a blast we shall have. I want to thank all the volunteers that helped get things together to pull off a fun filled evening. Big Daddy Dean will be great - as usual, and our Nutrition Department will do an outstanding job.

Happy Thanksgiving,



DEB

Thank you to our Sponsors who helped us with our Fall Festival

**KIRKWOOD MANOR
HOME INSTEAD SENIOR CARE
PROFESSIONAL MEDICAL
ALLIED INSTITUTE OF MEDICINE**

- Member Benefits**
- *Free Coffee and Tea
 - *Computer Lab
 - *Library
 - * Exercise Classes
 - *Fitness Center w/heated pool & spa
 - *Monthly Free Events

WE NEED PINOCHLE PLAYERS

Thursday's - 1:00pm to 4:00pm
Contact the center if your interested.

- | | |
|---------------|-----------------|
| *Bridge | *"42" |
| *Pilots Club | *Tripoli |
| *Bunco | *Exercise |
| *Oil Painting | *Pool |
| *Book Reviews | *Ceramics |
| *SKAT | *Quilters |
| *Woodcarving | *Pinochle |
| *Canasta | *Hand N' Foot |
| *Ping Pong | *Crochet Clutch |
| *Music | |

AACOG Congregate Meals

A reminder that according to the rules of AACOG, no meals may be taken out of the center "to go". You may sign up for Meals on Wheels with Dennice Barton, Nutrition Case Worker, and your meals will be delivered to you through the Meals On Wheels Program.

NAVIGATING THE SENIOR YEARS

**Port of Call:
IRELAND**

**Topic:
Social Security 101
Medicare 101**

**Date: November 8, 2011
Time 11:30am to 1:00pm.**

Cost: Program and lunch is FREE but there is limited seating so a reservation must be made in advance to participate.

December: SHIP BOARD PARTY

If you are a senior or caregiver, you will want to come aboard and sail through your many options. For more information and to reserve your spot, call 629-4547.

SPONSORED BY:



HOSTED BY:

**COMAL COUNTY SENIOR
CITIZEN'S FOUNDATION**



Flirty Frauleins Red Hat Society

The Flirty Frauleins will meet on November 15th at Montana Mike's Steak House at 11:30am to celebrate the Flirty Frauleins Birthday Anniversary for November. Door Prizes and games - don't forget your purple clothes and your RED HAT ladies. Contact Joan Wulf: 830-629-0558 for details.





WURSTFEST, 2011

We look forward to a great turnout this year for Wurstfest. a special "THANK YOU" to all the volunteers who help us year after year to make our booth a great success.

CROCHET CLUTCH NEEDS YOUR HELP!!!

Our Crochet Clutch is making scarfs for the Special Olympics. They need donations of yarn - Red Heart Super Saver "Soft Navy" and "Cherry Red". They could also use volunteer hands to help them make the scarfs. If anyone is interested they can come to their meetings on Friday's at 10:30am in the Board Room or call Alice Pullin at 830-624-7400.

NOVEMBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
<p>HAPPY THANKSGIVING</p> 	8:30 Water Aerobics 9:00 Newcomers Club - BQ 9:00 SSI/Disability Meet-BDR 9:30 Ceramics MP 9:00am PING PONG - MP <i>11:30 Lunch</i> 12:30 SKAT-MP 1pm Hand N' Foot - CR	8:00 Water Aerobics 8:30 '42' CR 9:00 Oil Paint CR 9:00 Medicare Enrollment-BDR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 12:30 Woodcarving BQ 12:30 Silver Sounds MP 1:30 Golden Oldies MP 6:00 Evening Lions BQ	8:30 Water Aerobics 8:30 42 CR 9:00 Quilters MP 11:30 Noon Lions BQ <i>11:30 Lunch</i> 1:00 Team Bridge MP 1:00 Single Pinocle BDR	8:00 Water Aerobics 9:15 Senior Strength BQ 10:30am Crochet Clutch <i>11:30 Lunch</i> 12:30 Woodcarving MP 1:00 Canasta CR 1:00 Bunco BDR
7	8	9	10	11
8:00 Water Aerobics 8:30 Men's Bridge CR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 1-4pm Tripoly MP 6:00 Mon Night Bridge BQ	VOTING - 7AM TO 7PM - MP 8:30 Water Aerobics 9:00 SSI/Disability- BQ 9:30 Ceramics BDR <i>11:30 Lunch</i> 12:30 SKAT-CR 1pm Hand N' Foot - CR Navagating the Senior Years Port of Call: IRELAND 11:30am to 1:00pm-BQ	8:00 Water Aerobics 8:30 '42' CR 9:00 Oil Paint CR 9:00 Medicare Enrollment-BDR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 12:30 Woodcarving BQ 12:30 Silver Sounds MP 1:30 Golden Oldies MP	8:30 Water Aerobics 8:30 42 CR 9:00 Quilters MP 11:30 Noon Lions BQ <i>11:30 Lunch</i> 1:00 Team Bridge MP 1:00 Single Pinocle BDR	8:00 Water Aerobics 9:15 Senior Strength BQ 10:30 Crochet Clutch <i>11:30 Lunch</i> 12:30 Woodcarving MP <div style="text-align: center;">VETERANS DAY CELEBRATION -12PM - 1PM</div> 1:00 Canasta CR 1:00 Bunco BDR
14	15	16	17	18
8:00 Water Aerobics 8:30 Men's Bridge CR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 1:00 Board Meeting - BDR 6:00 Mon Night Bridge BQ	8:30 Water Aerobics 9:30 Ceramics MP 9:30 AARP CH 1823 10am Secure Horizons-BDR 10:30 Pilots Club -BD <i>11:30 Lunch</i> 11:30 Flirty Frauleins Red Hats - Montana Mike's 12:30 SKAT-MP 1pm AARP Drive Alive Class-BQ (Vets pay \$2 - \$4 per couple) 1pm Hand N' Foot - CR	8:00 Water Aerobics 8:30 '42' CR 9:00 Oil Paint CR 9:00 Medicare Enrollment-BDR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 12:30 Woodcarving BQ 12:30 Silver Sounds MP 1:30 Golden Oldies MP 6:00 Evening Lions BQ	8:30 Water Aerobics 8:30 42 CR 9:00 Quilters MP 11:30 Noon Lions BQ <i>11:30 Lunch</i> 1:00 Team Bridge MP 1:00 Single Pinocle BDR	8:00 Water Aerobics 9:15 Senior Strength BQ 9:30 NARFE Meeting MP 10:30 Crochet Clutch <i>11:30 Lunch</i> 12:30 Woodcarving MP 1:00 Canasta CR 1:00 Bunco BD 1:00 Third Friday Bridge BQ (ALL WELCOMED) 1:00 42 CR 1:00 - BINGO - Café
21	22	23	24	25
8:00 Water Aerobics 8:30 Men's Bridge CR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 1-4pm Tripoly MP 6:00 Mon Night Bridge BQ	8:30 Water Aerobics 9:30 Ceramics MP <i>11:30 Lunch</i> 12:30 SKAT-MP 1pm Hand N' Foot - CR	8:00 Water Aerobics 8:30 '42' CR 9:00 Oil Paint CR 9:00 Medicare Enrollment-BDR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 12:30 Woodcarving BQ 12:30 Silver Sounds MP 1:30 Golden Oldies MP	 <div style="text-align: center;">CLOSED</div> <div style="text-align: center;">THANKSGIVING HOLIDAY</div> <div style="text-align: center;">November 26th: Fitness Center Closed</div> 	 <div style="text-align: center;">CLOSED</div> <div style="text-align: center;">THANKSGIVING HOLIDAY</div>
28	29	30		
8:00 Water Aerobics 8:30 Men's Bridge CR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 6:00 Mon Night Bridge BQ	8:30 Water Aerobics 9:00 Newcomers Board Mtg-BD 9:00am PING PONG - MP 9:30 Ceramics MP <i>11:30 Lunch</i> 12:30 SKAT-MP 1pm Hand N' Foot - CR	8:00 Water Aerobics 8:30 '42' CR 9:00 Oil Paint CR 9:00 Medicare Enrollment-BDR 9:15 Senior Strength BQ 10:30 Senior Strength BQ <i>11:30 Lunch</i> 12:30 Woodcarving BQ 12:30 Silver Sounds MP 1:30 Golden Oldies MP	MP - Multipurpose Room Room next to fitness center <hr/> CR - Card Room Cafeteria Area <hr/> BQ - Banquet Room Large Room Next to Lobby <hr/> BDR - Board Room In Hall next to Nutrition Dept.	NOVEMBER 11, 2011 <u>VETERANS DAY CELEBRATION</u> PRESENTATION DURING LUNCH BY THE PEOPLE WHO HAVE FOUGHT FOR THE FREEDOM IN OUR COUNTRY. GOD BLESS AMERICA