

## FITNESS CENTER MEMBERSHIP APPLICATION

### Hours of Operation

Monday – Friday	8 a.m. – 5 p.m.
Saturday	8 a.m. – 12 p.m.

### Classes:

Monday	8:00 a.m. – 9:15 a.m. 10:30a.m.– 11:30	Water Aerobics *Senior Strength Exercise
Tuesday	8:30 a.m. – 9:30 a.m.	Water Aerobics
Wednesday	8:00 a.m. – 9:15 a.m. 9:00 a.m. – 10:00 a.m. 10:30 a.m.– 11:30	Water Aerobics *Video Tai Chi (video) *Senior Strength
Thursday	8:30 a.m. – 9:30 a.m.	Water Aerobics
Friday	8:00 a.m. – 9:15 a.m. 9:00 a.m. – 10:00 a.m.	Water Aerobics *Video Tai Chi (video)

\* Classes subject to change

\*Senior Strength & Video Tai Chi classes are \$2.00 each if you have a Basic Membership at \$36/\$62 a year. If you are a Heritage Member, the classes are FREE. Please let volunteer know upon signing in for class.

**FITNESS CENTER MEMBERSHIP:** (Must be a member of the Center and dues are to be paid monthly unless one year membership is paid in full)

- Gym is only \$15 per month or \$150 if paid for a full year (save \$30)
- Pool only \$20 per month or \$200 if paid for a full year (save \$40)
- Both Gym and Pool are \$25 per month or \$250 if paid for a full year (save \$50)

If paying by the month the member option to freeze (see back of page) membership for 3 months within one calendar year from the start of fitness membership. When you freeze your membership we will not require payment for that month, but member will not be allowed to work out during the month that is frozen. Member must complete request form available at Fitness Center.

Responsibilities: I assume the risk for any injury I might suffer in any program at the Comal County Senior Citizens' Center facilities and grounds. I also understand that by participating in any program, the instructor, staff, and Comal County Senior Center are not responsible for personal injury or accident.

Should my photo be taken at any of the Center activities, they have my permission to use it for publicity purposes. Should I choose to become a member of the fitness center, I agree to pay monthly and will use 3 month freeze option if applicable.

Signature: \_\_\_\_\_

Member No \_\_\_\_\_